

TouristCare

Your Health Plan in Portugal

CALL YOUR DOCTOR

WHEREVER YOU ARE
WHENEVER YOU NEED



TouristCare Health Plan

With the TouristCare Health Plan, you can enjoy your stay at ease, with the comfort of all the support you need if you have an unforeseen problem with your health! We are where you need us whether you are working or on holiday!

SERVICES INCLUDED

> Permanent Appointment Service in Private Hospitals

Your Health Plan guarantees Emergency Appointments from 50€ at the best private medical units. Just download the app (available soon), indicate where you are and you will be informed of the nearest Permanent Client Service.

> Call the Doctor from wherever you are, 24h/day

- You can request this service whenever and wherever you need it, 24h a day;
- Transport by Ambulance to the Public Hospital Free of Charge in cases of Emergency, if validated by the doctor after the Home Medical Visit.

> Appointment, Tests, Treatments, Surgeries and Hospital Admissions

If you need to make an appointment, have a test, undergo surgery or be admitted to hospital while you are in Portugal, you can enjoy reduced prices at the Clinics and Hospitals of our Medical Network.

> Dental Treatment

Allows you to profit from 31 free treatments in the Dental Network and pay preferred prices for the remaining treatments.

> Helpline

The TOURISTCARE Health Plan allows you to make a booking for all of your appointments, Tests, Treatments, Surgeries and Hospital Admissions through the Helpline Service at +351 210 402 426. We have a team which is always ready to help.

ADVANTAGES

- ✓ Immediate use
- ✓ For all ages
- ✓ Unlimited use
- ✓ No exclusions due to pre-existing diseases



EXAMPLE OF MEDICAL TREATMENTS AT REFERENCE PRICES

APPOINTMENT			
Phone the Doctor (it depends on the location)	70,00 € - 130,00 €	Breast Ultrasound	30,00 €
Specialist Appointment	*30,00 €	Renal Ultrasound	30,00 €
Pediatric Appointment	*35,00 €	Soft Tissue Ultrasound	35,00 €
Emergency Appointment	**50,00 €	Mammography - 4 views, 2 on each side	40,00 €
Speech Therapy	20,00 €	Chest X-ray - Lungs and Heart 1 view	10,50 €
DIAGNOSTIC TESTS			
Electrocardiogram	10,00 €	Knee X-ray - 2 views	10,00 €
Echocardiogram	60,00 €	Colour Echo-Doppler "Triplex Scan"	100,00 €
Audiogram	22,00 €	CT scan – Computerized Axial Tomography	95,00 €
Timpanogram	22,00 €	MRI Scan (Magnetic Resonance)	200,00 €
Upper Endoscopy	60,00 €	DENTAL TREATMENT	
Total Colonoscopy	110,00 €	Dental Appointment	free of charge
Colposcopy	40,00 €	Emergency Appointment	free of charge
Spirometry	20,00 €	Appointment for Reassessment and/or Check Up	free of charge
Obstetric Ultrasound	32,00 €	Fixed Braces	from 170,00 €
Gynaecological Ultrasound	30,00 €		

* With some exceptions for the prices of Specialist and Pediatric Consultations (up to a max. of 37,5€ and 42,5€ respectively).

** Reference Price for screening at emergency appointments. Other medical treatments will be charged individually. At the CUF Hospitals and Lusíadas Medical Units different tariffs are applied.

Important: To consult the price of medical treatments contact the Client Helpline at 210402426 or phone the Service Provider directly.

The Medical Network of Future-Healthcare Future Healthcare has the most prestigious Private Doctors in Mainland Portugal and the Islands. Find more: www.tap.tourist-care.com.

HOW IT IS USED

> Emergencies and Medical Assistance in the Home

- To request a home visit by a doctor (70€ - 130€, it depends on the location);
- To request the sending of medicines to your home;

Phone 210 402 426 (24 hours a day, 7 days a week)

> Procedure for the Permanent Appointment Service

- Identify yourself to the Service Provider with your TouristCare Card;
- After the Consultation, you should pay for the Medical Treatment in accordance with the TouristCare prices;

> Making an Appointment for a Consultation or Medical Test

- Consult the Clinical Directory, the speciality and the service provider you require (by geographical area and speciality);
- Phone the Appointment Centre at 210 402 426 (working days from 9:00 am to 7:00 pm – Portuguese time);
- In 24 hours you will receive the details of your appointment (date, time and amount to be paid) by text message or telephone



VIRTUAL HEALTH CARD

Always available, without forgetting and without taking up space in the wallet.
Find more: tap.tourist-care.com/virtual-health-card

PRICES

Number of Persons	1	2	3	4 ou +
Price per Person	20 €	18 €	16 €	14 €

HOW TO JOIN

- Internet: www.tap.tourist-care.com;
- Agências: Av. Marechal Craveiro Lopes nº6, 1700-284 Lisboa;
Edifício Oceanus - Avenida da Boavista, 3245. 4100-137 Porto;

This product is not an Health Insurance. This information does not exempt the consultation of the general conditions, available on www.tap.tourist-care.com.

 210 402 426

www.tap.tourist-care.com

Email: info@touristcare.pt